



Healthy Ever After Student Permission

Towers Elementary School and Torrance Memorial Medical Center are partnering to bring the *Healthy Ever After* nutrition program to our students.

A parent docent will teach a fun and informative nutrition lesson in your child's class four times this year. These lessons will be accompanied by a snack employing the principles presented in the lesson. Please indicate your child's ability to participate in the lesson and snack as well as any food allergies of which your child's docent needs be aware.



Healthy Ever After Student Permission Slip
Please return to your child's teacher

Yes, my child can participate in the Healthy Ever After lessons and snacks.

My child has no food allergies

My child has the following food allergies _____

Student's Name _____

Teacher _____ Room # _____

Parent (s) _____

Contact email _____